



**Dr. Paul Wong**

Associate Professor  
Department of Social Work and Social Administration  
The University of Hong Kong

**Biography**

I have been involving in suicide prevention research and mental health promotion and practice in Hong Kong since 2003. My recent research projects include social withdrawal behaviour (a.k.a. hikikomori), using animals as part of psychological and educational interventions, youth positive development interventions for local and ethnic minority young people in Hong Kong, and helping caregivers of children with development delays. I am currently an Honorary Fellow of the Centre for Suicide Research and Prevention HKU, HK Police College, and Council Member of the Hong Kong Psychological Society; and was National Representative of the International Association for Suicide Prevention (2010-2015). I am also the Programme Director of the B.Soc.Sci (Counselling) and Deputy Director of M.Soc.Sci. (Counselling). I have published more than 70 academic articles on a number of suicide-related, and mental-health-related issues, developer of an award-winning website ([www.depression.edu.hk](http://www.depression.edu.hk)) and book author of “留給最愛的說話 /The Belated Dialogues between the Suicides and Their Families”.